The Barefoot Broker Presents:

# Hawaii 2021 Visitor's Cuide

The Go-To Guide to Nightlife, Tours, Activities, Dining, Shopping, Events, Relaxation and more!



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### The Barefoot Broker

FOR ALL YOUR RESIDENTIAL REAL ESTATE NEEDS















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# Oahu- "The Gathering Place"

Oahu is home to Honolulu and Waikiki and three-quarters of Hawaii's population. While most visitors go to the neighbor islands to get away from it all, Oahu has something for everyone! Oahu boasts nightlife, tall buildings and is home to Hawaii's major business district, however, just a short drive from the city unveils a more laid-back – more authentic – Hawaii. From road side shrimp trucks and farmers markets to North Shore's famously big waves, world's top beaches, unspoiled valleys and mountains great for hikers and bikers, world renowned windsurf and kite surf spots and so much more. Whether you're looking for city fun or a natural adventure, Oahu has it all!

### Reef-Safe Tips for your Trip!

Wear sunscreen every day with a high SPF. Believe me, you will get tan right through it! On water sports days make sure to use a really good super-water-proof sunscreen and reapply. SPF 45 is a safe bet. You're a lot closer to the equator here than in most parts of the world and UV is very strong. If you do get burned, put aloe on right away and reapply often, and it will probably disappear in a day or two.

When people give you directions on Oahu – Mauka means toward the mountains, Makai means toward the ocean, Ewa means towards Ewa (West), and Diamond Head means toward Diamond Head (East). We usually refer to directions by landmarks rather than street names.

Kalakaua is the main road along the ocean in Waikiki. Kuhio runs parallel just behind it.

Waikiki is part of Honolulu proper, so all addresses in Waikiki will say Honolulu.

Pau means done or finished. Pupus are appetizers. Lanai is a balcony.

Some items to pack for your trip – slippers, rashguard, watershoes & drybag for ocean activities, hiking shoes, bug spray for hikes and a light jacket.







### Where to Go on Oahu!

#### WAIKIKI

Definitely check out the world-famous Waikiki. It's very touristy, but a great place to grab a long board and try your hand at surfing. You can take a surf lesson for around \$60 – or rent a longboard for \$15-25 an hour. Stand Up Paddle Boarding is all the rage – it's great exercise and fun to SUP with friends. However, if it's windy, go sailing instead. You can also hop on a catamaran for a 45-minute sail and a couple mai tais!

You must go to **Duke's Canoe Club**. The best time to go is on a Sunday at 3 pm for live music (Henry Kapono) – it's where all the locals go to say goodbye to the weekend. Be sure to look out for the green flash at sunset! Duke's is at 2335 Kalakaua Ave. in the Outrigger Waikiki Hotel.



#### NORTH SHORE

Home to delicious shrimp and famous surf spots like Sunset Beach, Waimea, and Pipeline. This is an absolute must! The North Shore is an hour drive from Waikiki and has some great beaches and high surf during the winter months. Along your drive to the North Shore (if you're coming from Waikiki), you will see pineapple fields - if you've never seen pineapple grow – it's a sight! The cute little town of Haleiwa (pronounced Hall- eh- eeva) has the best shave ice and great burgers. Matsumoto Shave Ice is very popular and Kua A'ina Burger has great burgers (get 'em with Avocado, mmmm) and Mahi burgers too (this is a type of fish). If you're coming from Kailua and taking the scenic route (make sure you have lots of time on your hands for this ride) - you HAVE to stop at the little grafittied truck along the side of the road in Kahuku (you'll pass it if you drive from Kailua to North Shore along the water. This is a beautiful drive, it's very scenic and much nicer than taking the freeway.) Literally look for a beat-up trailer truck with graffiti signatures all over it - probably with a huge crowd! It's called Giovanni's Original Shrimp Truck. Beware, spicy means SPICY! When in da country (North Shore), head to Banzai Bowls for some pure deliciousness! (banzaibowls.com).

Some great beaches to see are: **Sunset Beach, Ehukai, Pipeline**. If you're interested in scuba diving, this is the place to do it. Call **Aaron's Dive Shop** and they'll set you up. There are some great fruit stands on the side of the road that you have to stop at for fresh coconut, mango, apple bananas and other amazing local food!



#### Kailua & Lanikai

A local heaven known for its kite surfing. If you love adventure, you'll definitely love kite surfing (keep in mind, it's kinda dangerous).

Lanikai has the most amazing white sand beach – perfect for relaxation. It's down the road past Kailua Beach, you have to park in a residential area or Kailua Beach Park and then walk to Lanikai. My recommendation is to stop at Kalapawai and pick up sandwiches and plan to spend the day at the beach!

If you're in the mood for a short 25 - 45 minute hike (depending on how fast a hiker you are) and a spectacular view, the Lanikai Pill Boxes are a must! Best time for this hike is sunrise and sunset! If you love photography, try to get the sun (or the moon if you do a full moon hike) perfectly between the mokes.

#### Directions are below:

From H-1: Take Pali Hwy exit. Continue straight through Kailua town (Pali Hwy becomes Kalaniana`ole Hwy, then Kailua Road, then Ku`ulei Road.) Turn right onto Kalaheo Avenue (Kalaheo becomes Kawailoa Road). Turn left onto Alala Road at four-way stop. Take right fork onto `A`alapapa Drive. Turn right at first intersection onto Ka`elepulu Drive. Park on the side of the road (not in the Country Club). A lot of local people hike this for exercise so follow them up the hill. Be sure to wear sneakers and bring your camera! The beginning is the hardest part and it only gets easier. Parking is a bit tricky these days so plan to park and walk. From Lanikai, you'll see a set of Islands in the water, known as the Mokulua Islands or **"The Mokes."** If you're feeling adventurous, you can kayak out to the Island on the left and see sea turtles, dive off cliffs, swim in the blue room, etc. (be sure to pack a sack lunch and some cold beverages, put your cell phone and valuables in ziplocs, and bring slippers if you're gonna hike around back). To rent kayaks call **Kailua Sailboards** at 130 Kailua Rd in Kailua ph: (808) 262-2555. Stop by **Kalapawai Market** for munchies at 306 S Kalaheo Ave, Kailua, (808) 262-4359 (I'm sure they can give you directions at Kailua Sailboards too – it's on the way to Kailua beach.) This is a great place to pick up a picnic lunch of sandwiches, snacks, and a cup of Hawaiian coffee.





#### Pearl Harbor

Be sure to go on a weekday and early in the morning (8 am) or you'll never get in. The summer is really a high season for visitors and you really want to get there before busloads of tourists do. Go on a Wednesday if you can, because the swap meet across the freeway from Pearl Harbor is also open that day. This is how it works: You wait in line to get a free ticket to visit the monument (which is a short boat ride from the shore) after you watch a brief and very powerful movie. Your ticket has a tour time stamped on it, and a little before that time is when you'll need to get back in a line of people to get on the boat, but whatever time you have between then is free. So if it's a long time (90 minutes or more), you can jet to the swap meet, if it's a shorter than that, check out the museum and gift shop while you wait to get on the boat.

Then go to the **swap meet** afterwards... this is where you'll find souvenirs cheap – little knick-knacks, macadamia nuts, cheap t-shirts, beach towels, etc. (Note: If you do go to the swap meet, wear light colored clothes and dress minimally, be sure to put on sunscreen and bring a bottle of water. It can get really hot in the summertime and walking on the blacktop makes it even hotter). The swap meet has plenty of parking and the entrance fee is fifty cents per person, payable in the parking lot. It's open Wednesday, Saturday & Sunday from around 9 am to 4 pm

If you're not into the swap meet, you can do the **USS Missouri** (or Mighty Mo as it's called) in the afternoon – or take a quick break for lunch and do the Mighty Mo afterwards – just call to check that the hours and wait time line up. It is such a cool battleship and totally worth the \$15 or so per person to see this huge piece of world history. The hours change around Christmas time.

#### Museums

If you're feeling like getting some Hawaiian Culture, visit the **I'olani Palace** in Honolulu. It'll take you about an hour and a half. It's Hawaii's historic Palace that has been restored.

I'olani Palace: 364 South King Street, (808) 522-0832 OR (808) 522-0823 (They recommend making a reservation – and are closed on Monday – so if you really want to go here, you'll have to go another day). Give yourself 2 hours to go through it, although it may only take 90 minutes. Admission \$20, Tours are every 30 minutes between 9 am and 2 pm Tuesday through Saturday (12:30 tour is in Japanese).

If you're really into museums, you can go to **Bishop Museum** (the most amazing collection of Hawaiian history and artifacts) - think royalty and the US conquering Hawaii at I'olani Palace, and think Polynesian boats arriving on Hawaii and setting up camp at Bishop Museum.

Bishop Museum: 1525 Bernice Street, Honolulu, (808) 847-3511. There is plenty of parking. This museum you could probably spend 3 - 4 hours in, but it's a roaming museum, so you don't have to follow a tour or anything.



### Water Sports, Beaches and Fun!

**Sharks Cove** on the North Shore is an epic spot for diving, snorkeling and swimming with its beautiful see-through water and caves and marine life. Steer clear when waves are up as there are strong currents and that reef is very sharp!

**The Doris Duke Estate**, known as Shangri La, is worth the visit! The oceanfront property in Diamond Head is gorgeous and a fun way to get a little culture in.

Visit shangrilahawaii.org for more information or to schedule a visit.

#### Dolphins

They drop you over the side of the boat on a shortened water ski rope so it actually feels like your swimming with the dolphins. Not only



THE DORIS DUKE ESTATE

do you cruise to find dolphins and then swim alongside them, but you also go to a great snorkeling place where not a lot of people can get to. www.dolphinexcursions.com

#### SNORKELING

If you are planning on visiting an outer island, I'd snorkel there before I would snorkel at **Hanauma Bay** – Oahu's famous snorkel spot – it can get very crowded. If you decide to snorkel at Hanauma Bay (located in Hawaii Kai, about 30 minutes from Waikiki) it's closed one or two days a week, so be sure to get dates and times first. And go very first thing early in the morning to beat the crowd!

#### PADDLE BOARDING

You basically stand up on a long board and you can paddle around or catch waves. It's good fun and a great work out, and all the rage right now! I like to paddle board to the Mokes and Flat Island in Kailua and to the Kaneohe Sand Bar. If you're new, go to Ala Moana. If you're more adventurous, paddle from Hawaii Kai to the Kahala Hotel (nice down wind paddle). Call Reid Inouye of Paddle Core Fitness... he's the best.

www.paddlecorefitness.com

#### Sky Diving

Flying above the clouds and falling through the Hawaiian skies at 120 mph is an adventure you will always remember and treasure. For the adventurous at heard traveler, sky diving is a must do! Be sure to book in advance and the extra cost of the video is well worth every penny!

www.skydivehawaii.com



www.BarefootBrokerHawaii.com

### My Favorite Hikes!

Hanauma Bay Arch Trail Hike: This is one of my favorite hikes. It's a 4-mile loop trail that starts off with an uphill, paved path, which leads you to a dirt trail down the mountain and to a hidden rock bridge. Be SUPER careful by the rock bridge as you don't want to get swept in those harrowing waters. It can be hot so best not to go mid-day.

Lanikai Pill Boxes: This is my go-to easy neighborhood hike. It's social, it's fun and the views are INCREDIBLE!! It's under 2 miles to the pill boxes, however, there's a bunch of hikes you can take from the pill boxes if you're looking for more adventure. This hike is gorgeous at sunrise and sunset and especially under a full moon.

**Pali Notches**: This is a good one for the advanced hiker looking for adventure. It's listed as closed and there's a gate that can be accessed from the Pali Lookout, however, it's easy to bypass the gate. Getting dropped off here and picked up at Maunawilli Falls is how I like to do it. Bring lunch, plenty of water, a swimsuit and long pants (the shrubs are not well maintained and can cut up your legs).

**Three Peaks** is located in Kailua (on your way to Maunawilli). I highly recommend this hike for the advanced hiker. I've only done 2 of 3 peaks as there have been too many rescues from the 3rd peak for me to risk it. There are steep drop offs on both sides and some ropes to get up some areas.

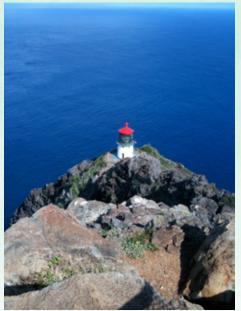
**Diamond Head:** Super touristy, relatively easy despite lots of stairs, but has great views. Will take you about 2 hours total.

**Maunawilli Falls:** Located in Kailua. This is a great hike to a beautiful waterfall. Hike takes about 2 hours and you're back in the lush, wet mountains. Bug spray is a must and don't swim in the falls if you have any open cuts! This is can be a muddy hike so don't be afraid to get dirty!

**Manoa Falls:** Located in Manoa. Also a beautiful hike in the lush mountains to a waterfall. Total hiking time is about an hour. You park in a paid lot with attendant. Bug spray is a must and don't swim in the falls if you have any open cuts! This is another muddy hike so don't be afraid to get dirty!

**Stairway to Heaven:** This is another favorite hike of mine but unfortunately it's closed. Go at your own risk. Definitely need to be in shape for the 3,922 stairs!

Makapu'u Lighthouse: This is a fun and easy hike, great for families. You'll see lots of locals and tourists. Takes about 1.5 hours and if you going sometime between December and April, be sure to look for whales!





# Where to Brunch!

It's said that breakfast is the most important meal of the day, so be sure to take full advantage of these brunch spot favorites!

### Kailua Brunch Spots

**Boots & Kimos:** The legendary Onolicious Pancakes with Kimo's famous Macadamia Nut Sauce is a dish known around the world and a must have!

151 Hekili Street, (808) 263-7929

Open 7 am - 2 pm weekdays, 6:30 am - 2:30 pm weekends

**Cinnamons**: The granddaddy of the Kailua brunch scene, Cinnamon's has been in operation since 1985 and is legendary in Kailua! I've been going there since I was a kid and it never gets old and the staff is awesome! 315 Uluniu Street, (808) 261-8724 Open 7 am - 2 pm daily www.cinnamonsrestaurant.com

**Over Easy:** My favorite place to brunch in Kailua! Their mimosas and French toast are worth the wait! 418 Kuulei Rd #103, Kailua, (808) 260-1732 Open 7 am - 1 pm Wed. - Fri., 7 am - 1:30 pm Sat. & Sun. www.easyquehi.com

### Honolulu Brunch Spots

#### Koko Head Café

Ready for a totally different brunching experience! This is your spot! Celebrity Chef Lee Anne Wong is the mastermind behind this operation serving island inspired eating. It's also worth the wait! 1145 12th Ave C, Honolulu, (808) 732-8920 Open 8 am - 2 pm Wed. - Fri., 7 am - 2:30 pm Sat. & Sun. Scratch Kitchen: Try everything on the menu – such great food and drinks! Their coffee ice cubes are delicious, as it there Brulee'd French toast and Chilaquiles. 1170 Auahi St Suite 175, Honolulu, (808) 589-1669

**Cream Pot:** Cream Pot is a relatively new breakfast and brunch eatery in Waikiki featuring French-influenced continental cuisine with an occasional asian twist. It's super cute and fun to eat at the communal table! Hawaiian Monarch Hotel Waikiki- 444 Niu St, (808) 429-0945

**Cafe Kaila**: This is one of my favorite spots for brunch when I'm in the town area! Well worth the wait! 2919 Kapiolani Blvd. Suite 219, (808) 732-3330.

**Bogart's Cafe:** This is a staple in the Diamond Head area and can be a social scene on the weekends! 3045 Monsarrat Ave., Suite 3, (808) 739-0999

Lanikai Juice: If you're looking for quick and healthy, stop by Lanikai Juice for an acai bowl (acai colada is my favorite) or a smoothie (Kailua Monkey is a sweet treat!). Located in Kailua, Kahala, and North Shore! www.lanikaijuice.com

Leonard's Bakery: There are a lot of must try treats in this bakery, two of which are cream puffs and malasadas. You be the judge! 933 Kapahulu Ave, (808) 737-5591 www.leonardshawaii.com



www.BarefootBrokerHawaii.com

# Where to Dine!

#### KAILUA

**Buzz's Steakhouse:** Be sure to make reservations; awesome fresh fish and salad bar. Try the calamari steak appetizer. Old Hawaii style. Cash and Traveler's Checks ONLY. All the dishes here are excellent! 413 Kawailoa Road, Kailua, (808) 261-4661 Right across from Kailua Beach Park.

#### Honolulu

**Doraku:** Now located in both Waikiki and Ward! This is a pretty popular happy hour spot! Ward: 1009 Kapiolani Blvd, (808) 591-0101 Waikiki: 2233 Kalakaua Ave, (808) 922-3323

Michel's: Super romantic and pricey, right on the beach. 2895 Kalakaua Ave., (808) 923-6552.



Mitch's Fish Market &

Sushi Bar: If it's good enough for Obama, it's good enough for me. This is a total hole in the wall sushi restaurant that serves only the highest quality of fish flown in from all over the world. 524 Ohohia St, Honolulu (808) 837-7774 Allen Wong's: Allen Wong is known as one of Hawaii's top chefs in Hawaii Regional Cuisine. This is our new favorite – a little pricey, but well worth it. If you're gonna splurge once, this is the place! We loved the "Soup & Sandwich" and Macadamia Encrusted Ono and the Coconut for dessert.

857 South King Street, 3rd floor, (808) 949-2536 www.alanwongs.com

**Fete Hawaii:** Such a cute restaurant and bar – makes you want to get dressed up and drink fun cocktails! The linguine carbonara is my favorite! 2 N Hotel St, Honolulu, (808) 369-1390

**Merriman's Honolulu:** This is a fun eatery in the center of Kaka'ako. Great service, great food. 1108 Auahi St #170, Honolulu, (808) 215-0022

Senia: If you're a foodie or want to celebrate a special occasion, this is the restaurant for you! 75 N King St, Honolulu, (808) 200-5412

Sushi Sasabune: This has become quite the spot for sushi enthusiasts, known for its mouth-watering omakase. 1419 S. King St., Honolulu, (808) 947-3800

Signature Steak: My personal favorite special occasion restaurant. Everything is beyond delicious, excellent service and very fun ambiance. Great happy hour too! 410 Atkinson Dr, Hotel 36th Floor, Honolulu, (808) 949-3636



www.BarefootBrokerHawaii.com

## Where to Dine!

Nico's Pier 38: This is a favorite local establishment for super fresh seafood, straight from the fish auction 1129 N Nimitz Hwy, Honolulu, (808) 540-1377

**Roy's:** Pacific Rim Style food. Very good food, another well-known local chef. A little pricey, but you will not be disappointed with the food. Sit downstairs and outside for the sunset. www.roysrestaurant.com

**Sam Choy's**: Breakfast Lunch & Crab. Great place for seafood local style. They have whole dungeness crab and lobster and a fishing boat in the middle of the restaurant. This is also a micro brewery. Sam Choy is a well known local chef. Very fun atmosphere. 580 N. Nimitz in Honolulu, towards airport from Aloha Tower (808) 545-7979

**Ahi's**: For real, authentic, old-school Hawaiian-style grindz, this is your go-to place. It's not fancy, and it's small, but it's the real deal. It's a little unknown spot on the Ewa side of Kapahulu by the Chevron Station. There's no web site so you'll have to ask around once you're on Kapahulu.



Dukes Canoe Club: Another great restaurant on the beach-- their Hula Pie is to die for! 2335 Kalakaua Avenue (808) 922-2268 La Mariana Sailing Club: Local watering hole, very eclectic, on the water, nothing fancy, very cool tiki bar. Fish nets on the ceiling, a thatched style bar, blow-fish lanterns, leftover lamps from Trader Vics, and tables and chairs from Don the Beachcomber make for a most unusual night out. 50 Sand Island Road, (808) 848-2800 Open from 11 am to whenever people stop drinking.

**The Pig and The Lady:** Excellent Vietnamese restaurant in the heart of Chinatown. Love of fusion and lots of flavors. My favorites are the fried chicken and their ice cream with lots of chocolate sauce! 83 N King St, Honolulu, (808) 585-8255

### North Shore

**Giovanni's White Shrimp Truck**: On your way to the North Shore, up the East Coast, you will come into the town of Kahuku. There you will see a white shrimp truck on the side of the road with all kinds of graffiti on it. Stop and eat lunch. Shrimp scampi is what they makeregular, hot and extra hot. Be prepared, it is awesome!

#### Desserts

Island Snow: Hugely popular shave ice spot – especially amazing after a day at the beach!! 130 Kailua Rd, Kailua, (808) 263-6339

Lapperts Waikiki: Hands down, best homemade ice cream on island. 2005 Kalia Rd, Honolulu, (808) 943-0256



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YUM! THE HULA PIE AT DUKE'S IS DELICIOUS!

# Where to Shop!

#### Kailua

Aloha Home Market is Hawaii's premier pop-up market and showcase for unique local treasures and finds! Aloha Home Market features Hawaii's finest furniture makers, artisans, jewelry makers, clothing designers, food vendors, and more. Shoppers venture to Aloha Home Market from all over the island not only to enjoy an afternoon of amazing shopping, but also live entertainment from local up-and-coming musical artists, freshly prepared ono grinds, keiki activities, and more!

340 Uluniu Street, Kailua, markets run 11 times per year on Saturdays or Sundays from 9 am - 2 pm

Visit www.AlohaHomeMarket.com for list of upcoming market dates.

Lauren Roth Art is a place for Hawaii Art, Accessories & Home Decor. Beach chic, floral art, watercolor art and more. 131 Hekili St, Kailua, (808) 439-1993

Nick Kuchar's incredible Hawaiian inspired vintage style Hawaii Surf artwork. 629 Kailua Rd Suite 120, Kailua, (808) 744-0777

**SoHa Living Kailua** is great for gifts and beachy home décor. The SoHa Living brand embodies a lifestyle of leisure, vacation, discovery, coastal chic and tropical luxury. 539 Kailua Rd #106, Kailua, (808) 772-4805

Manoa Chocolate Hawaii: A trip to Kailua is not complete without a visit to Kailua's only chocolate factory. Try all the flavors and say hi to the owner, Dylan, for me! 333 Uluniu St Suite 203, Kailua, (808) 263-6292

Island Treasures: 602 Kailua Rd, (808) 261-8131

Twin Islands is known as Oahu's original surf inspired clothing store. Great place for authentic, Hawaiian style surf gear. 131 Hekili St, Kailua, (808) 744-6583

**Olive**: 43 Kihapai St, (808) 263-9919 www.iheartolive.com

Fighting Eel: 629 Kailua Road Suite 130. www.fightingeel.com

#### Town

Ala Moana Shoping Center: Shopping center located in the Honolulu/Waikiki area. www.alamoanacenter.com

**Aloha Stadium Swap Meet**: Hundreds of vendors sell island-style products in booths sprawled across the parking lot of Aloha Stadium, with everything from souvenirs to plants and T-shirts to collectibles. There's only one secret - arrive early! Open Wednesday, Saturday and Sunday from 6 am to 3 pm. Admission is \$0.50. (808) 486-1529

**International Marketplace Waikiki** is an open-air shopping center located in Waikiki on the island of Oʻahu. 2330 Kalakaua Ave, Honolulu, shopinternationalmarketplace.com

### North Shore

**Guava Shop:** 66 Kamehameha Hwy, (808) 637-9670 www.guavahawaii.com



www.BarefootBrokerHawaii.com

# Where to Party!

To learn what's going on around town, pick up a **Honolulu Weekly** newspaper.

Lanikai Brewing Company is an Island Inspired, authentic Hawaiian craft beer company making 100% of our brews here in Hawaii. 167 Hamakua Dr, Kailua

**Gaslamp** is a swanky speakeasy bar tucked away behind a secret door hidden within the walls of the Kailua Town Pub and Grill eatery, serving up fresh farm to glass deliciousness. 26 Hoolai St, Kailua, (808) 829-0226

**Grace In Growlers** in Kailua is a Craft Beer Tasting Room with a purpose. 143 Hekili St, Kailua, (808) 975-9317

**Bar Leather Apron** in downtown Honolulu: A dimly lit swanky bar with a speakeasy vibe specializing in whiskey & inventive cocktails. 745 Fort St #127a, Honolulu, (808) 524-0808

The Tchin Tchin! Bar in Chinatown. Wood- & brick-accented hangout serving wine & cocktails along with globally inspired small plates. 39 N Hotel St, Honolulu, (808) 528-1888

**Bevy Kaka'ako**: Artsy, industrial-chic locale featuring inventive, handcrafted cocktails & eclectic small plates. 675 Auahi St #130, Honolulu, (808) 594-7445 **Dukes Canoe Club** is the place to be on a Sunday afternoon from 3 to 7 pm. It's a favorite of both tourists and locals and is very casual. It's located at 2335 Kalakaua Avenue, (808) 922–2268.

Honolulu Night Market is a relatively new monthly event that takes place in Kaka'ako. The Honolulu Night Market at Kakaako is a monthly block party celebrating the best of Our Kakaako's urban-island culture. Pop-up food and retail, drinks, art, fashion, music and more in the heart of Kakaako. It's located at 683 Auahi Street Entrances on Coral & Keawe Streets, \$5 General Admission, Parking: Street & 555 South St. Parking Lot.

Art After Dark is definitely one of my favorite monthly events that happens on the last Friday of the month, January through October, from 6 to 9pm on the grounds of the Honolulu Museum of Art. There's a monthly theme, several bars, live entertainment, great food, and hundreds of people perouse the grounds of the museum (the grounds are beautiful). To learn more, visit: www.honolulumuseum. org/events/art\_after\_dark.

Another fun event is **First Fridays**! If you're in town the first Friday of the month, definitely go to Chinatown around happy hour time and check out all the galleries, restaurants, bars. Everyone's out and about and it's a lot of fun! Learn more at www.firstfridayhawaii.com.



# Where to Relax!

Looking to zen out in Hawaii? If so, here are my top recommendations.

Laka Day Spa: This spa is truly a hidden gem in Honolulu! It's my go-to spot for relaxation and zen! You start off your experience in the amethyst relaxation room by laying on the warm floor that radiates good energy and healing into your body and you end the massage with a tasty treat of homemade sesame ice cream from the owner's mother (DELISH!).

320 Ward Ave, Suite 200 Honolulu, HI, (808) 397-5252 www.lakaspa.com

**Lomi Lomi Hana Lima**: If you want a massage on O'ahu, you can find one almost anywhere. But in the center of Kailua there's a special place with the hands and heart to heal you way beyond the ubiquitous backache.

315 Uluniu St. Kailua, Hawaii, (808) 263-0303

**Hawaii Healing Arts College:** If you're looking for an affordable massage that's clean, friendly, and professional, this is your place! Kailua Medical Arts Building, 407 Uluniu St. Suite 204 www.hhacdirect.com

**Kenko Sokushin Foot Reflexology:** Located in the heart of Waikiki, around the corner from a famous and delicious noodle shop, Kenko Sokushin is the real day! This is a best kept secret, however, you've got to call to make a reservation as it gets booked well in advance. 2310 Kuhio Ave Ste 11-12, (808) 923-0500

Treat yourself at the **Kahala Hotel Spa** and enjoy high tea in the lobby afterwards. 5000 Kahala Ave, (808) 739-8938

Another way I love to relax and start the day off right, is to walk the beach at sunrise! **Kailua and Lanikai Beaches** are my favorite. Enjoy!





### **Where to be Healthy** A guide to my favorite Farmers Markets on-island

Your trip to the farmers' market used to be a weekend thing – but now, there's practically one on every day of the week. Here, we've got the dirt on the latest crop, so you can get fresh on any day – just take your pick!

#### MONDAY

**Hawai'i Kai Farmers' Market:** Hit up this single vendor market for fresh produce, including locally grown veggies, fruits, herbs and more.

7:30 am - 3:30 pm

Hawai'i Kai Towne Center, 6700 Kalaniana'ole Hwy.

#### TUESDAY

Ward Centers Farmers' Market: Come ready to eat, as this market serves up a ton of delicious hot dishes, including Ray's huli huli chicken, braised pork sliders from Kronik Berry, Filipino cuisine from Manang Food, and steak plates from No Bull Steaks. 9 am - 1 pm

Ward Warehouse parking lot, 1050 Ala Moana Blvd.

KCC Farmers Market: 4 pm - 7 pm Kapiolani Community College, 4303 Diamond Head Rd

**Honolulu Farmers' Market:** Along with fresh produce and plants from WOW Farm, Kahuku Farms, and Kogachi Orchids, score seafood from Big Island Abalone, and hot bentos and donburi from Natsunoya Tea House. 4 pm - 7 pm Blaisdell Arena parking lot, 777 Ward Ave.

#### THURSDAY

**Kailua Thursday Night Farmers' Market**: This is my favorite farmer's market! Pick up fresh produce from Vilath Farm and Maunawili Greens, organic juices and sorbets from Land of Organica, hand-made ColdFyyre ice cream, roasted corn from Kahuku Farms, and hot dinner plates from Starpoint Catering, Da Spot, and the Hawaiian Style Chili Company.

5 pm - 7:30 pm

Kailua Town Center Parking Garage, 609 Kailua Rd. (behind Longs Drugs)

Haleiwa Farmers Market: 2 pm - 6 pm in beautiful Waimea Valley 59-864 Kamehameha Hwy

#### Friday

**Fort Street Open Market:** Head here for fresh veggies and fruits, a wide array of orchids, flowers and plants, scrumptious bread and pastries from Ba-Le Bakery, sandwiches from Island Gourmet Bread, and lots of local jewelry, fashion accessories and crafts.

8 am - 2 pm Wilcox Park (fronting Macy's)



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### **Where to be Healthy** A guide to my favorite Farmers Markets on-island

#### SATURDAY

**KCC Farmers' Market:** Come early for the hot breakfast plates, prepared by a different restaurant each week, and stay for the fresh produce from Nalo Farms and Blue Lotus Farms, baked goods from KCC's culinary students, and locally made tropical jams and jellies, cheeses, and honey from Naked Cow Dairy, Latitude 22 and Big Island Bees.

7:30 am - 11 am

Kapiolani Community College, Parking Lot C, 4303 Diamond Head Rd.

**Ala Moana Farmers' Market:** 9 am - 1 pm 1450 Ala Moana Blvd

Hawaii Kai Farmers' Market (Makeke O Maunalua): 9 am - 1 pm Kaiser High School, 511 Lunalilo Home Road

Kakaako Farmers Market at Ward Village: 8 am - 12 noon Ward Warehouse: 1050 Ala Moana Blvd A1, Honolulu

Waialua Farmers Market: 8:30 am - 12 noon Waialua Sugar Mill, 67-106 Kealohanui St.

#### SUNDAY

Hale'iwa Farmers' Market: This solar powered, green market serves up fresh food on bio-compostable plates and utensils. Snag produce from Kahuku Farms, MA'O Organics, and Mohala Farms, tasty burritos from Moss Catering, and sweet treats from Le Crepe Café. Just remember to bring your own shopping tote, as this market is plastic bag free.

9 am - 1 pm Hawaiʻi 83 & Joseph Leong Highway.

Kailua Town Country Farmers Market: 8:30 am - 12 noon Located in the Kailua Bowling Alley Parking Lot. 120 Hekili St, Pali Lanes Kailua



# The Big Island

The volcano on the Big Island is a definite must see for anyone visiting the Hawaiian Islands. The Big Island is the largest island in size but not in population. There are 187,000 people living on the Big Island, compared to the 1.3 million people that live throughout the Hawaiian Islands. This is a sleepy island with great opportunities for adventure and luxury!

### Dinner & Nightlife

**Beach House Restaurant in The Four Seasons:** Definitely go for dinner and sunset cocktails. The restaurant is open air and literally on the beach! www.fairmont.com/orchid-hawaii/dining/brownsbeachhouse

**Lava Lava Beach Club:** A great place to unwind after a busy day of activities. Great cocktails, live music, plenty of locals and another great beach bar. www.lavalavabeachclub.com/bigisland

Huggo's: The sesame-crusted ahi is ono! www.huggos.com

Hilo Bay Café: Be sure to try the warm garlic shrimp salad! www.hilobaycafe.com

Visit the **Farmer's Market** to get a good feel for local culture, cuisine and taste our ono tropical fruits and vegetables. www.gohawaii.com/en/big-island/guidebook/topics/farmers-markets

### FAVORITE HOTELS

Four Seasons Resort Hualailai is exquisite – this is a great honeymoon/special occasion hotel! www.fourseasons.com/hualalai

Mana Lani Bay Hotel: www.maunalani.com







# Where to Go on the Big Island!

**Papakolea Beach:** One of only four green sand beaches in the world – a must see! Equally beautiful is the black sand beach at Kehena. Keep an eye out for dolphins as well!

#### Kona Side

**Kona** is a cute town, and just about the Big Island's only nightlife area. There are lots of great restaurants along the main street on the oceanfront.

**Makalawena Beach** is an amazingly beautiful white sand beach! It's a fun, bumpy ride so you'll need an off-road 4-wheel drive vehicle to get there or you can park and hike it.

#### Kayaking in Kealakekua Bay

Snorkel, Kayak and swim with spinner dolphins. Rent gear from Bayside Adventures. Kealakekua Bay is located on the Kona coast of the island of Hawai'i about 12 miles south of Kailua-Kona. 82-6009 Kahauloa Rd, Captain Cook, HI 96704 www.baysideadventures.com

Manta Ray Night Dive: This will be an experience you'll never forget and is one of the most popular activities on the Big Island. It's a beautiful and surreal sight to dive by torchlight amongst manta rays up to three times your size as they gracefully fly through the water.

**Holualoa:** A super cute artist village in the mountains above Kona. There are a bunch of little galleries and workshops, great art, jewelry and sculptures.

### HILO SIDE

Hawaii Volcanoes National Park: Depending on the flow, the distance to see the actual flow can fluctuate anywhere from ½ mile to 7 miles or more. It's amazing to see actual lava and you'll get to see where the lava has taken over streets of long ago. The last time I was there, we watched the lava flow directly into the fierce ocean and that was a sight to see with the water gurgling and smokey. If you do this hike to the lava fields, wear jeans and hiking/tennis shoes, as the lava can be fairly sharp. It's also very porous in areas and you may fall in the dry lava up to your knees, so your jeans will help protect your legs (it sounds a lot more dangerous than it is). My recommendation is to hike in just before sunset, while it's still light out and hike out with a flashlight in the dark. You'll really want to see the lava in both daylight and at night. There are park rangers and lots of tourists there so it's quite safe.

There are a bunch of small hikes you can do in the area. Visit this site for more information and there's also a volcanoes national park office that will give you more info once you're up there: www.nps.gov/havo/pphtml/accessibility.html

**Note:** The hike to the lava flow is at sea level and can be pretty warm. However, if you visit Hawaii Volcanoes National Park it can be very cool, so bring a sweater.



# Where to Go on the Big Island!

#### HILO SIDE

**Boiling Pots to Pe'epe'e Falls:** Go swimming and enjoy the beautiful waterfalls. Rainbow Falls, Boiling Pots/Pe'epe'e Falls and Wai'ale can all be reached by driving up Waianuenue Ave.

**Akaka Falls State Park:** It's just a quick 30-minute hike to see the 400+ foot waterfall

Hilo Farmers Market: Twice-weekly outdoor market with over 200 vendors selling produce, artisanal foods & crafts. Corner of Kamehameha Avenue and, Mamo St, Hilo, HI 96720 www.hilofarmersmarket.com, (808)-933-1000 Check online for updated market hours

**Kaumana Caves State Park:** Great place to check out lava tubes and actually walk through one! Bring your flashlights! Trailhead address: Kaumana Drive, Hilo, HI 96720

Walk and explore Pahoa Village: This is a great place to get a taste of the bohemian Puna lifestyle. It's known as the "dreadlocks capital" of the Big Island because there's a large population of hippies.

Hilo Tea House (808) 934-0333 www.perfectharmonyhawaii.com/tea-room Suisan Fish Market: go early because they sell out early The famous Suisan Fish Market is located on the waterfront in Hilo, and they offer the best tasting poke on the Island). It's always super fresh, made with just caught fish delivered at their dock. 93 Lihiwai St, Hilo, (808) 935-9349 www.suisan.com/our-services/fish-market/ Weekdays: 9:00am-3:00pm Saturday: 9:00am-3:00pm





### Maui

Maui reminds me a lot of what Oahu must've been like 30 years ago. It still has that old island charm and small-ish population (150,000 population), but it also has that hustling and bustling feel (after Oahu of course!) with a lot to do!

### Where to Eat

Absolute Must!!! **Mama's Fish House in Paia:** One of my favorite restaurants! Come hungry, must make advance reservations, get a seat by the water and try several dishes (dessert too)! www.mamasfishhouse.com

Another Favorite Restaurant is **Haliimaile General Store**. 900 Haliimaile Rd, Makawao www.bevgannonrestaurants.com

**Old Lahaina Luau** is a great luau, not cheap, but it's one of the better, more authentic and less touristy ones. www.oldlahainaluau.com

### Where to Stay

On the Wailea Side, stay at the Andaz (www.maui.andaz.hyatt.com) or Four Seasons (www.fourseasons.com/maui)

On the Ka'anapali Side, **Hyatt Regency Maui** (www.maui.hyatt.com) in Ka'anapali and **Ritz Carlton in Kapalua** (www.ritzcarlton.com/en/Properties/KapaluaMaui) are my favorite places to stay. P.S. The Ritz offers a very reasonable Kama'aina rate.





MAMA'S FISH HOUSE

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# Where to Go on Maui!

You'll hear a lot of people recommend that you visit **Haleakala** at sunrise. While it is breathtakingly beautiful at sunrise, it also has incredible sunsets as well! If you're not an early bird, I highly recommend picking up a bottle of champagne and heading up to Haleakala in time for sunset. Get there early enough so you can pick out a good spot to kick back and enjoy the magic hour. Haleakala is 10,022 feet in elevation and it can get surprisingly cold up there so be sure to bring a blanket and a sweater.

If you plan to go up at sunset, go an hour or two early and check out Ali'I Kula Lavender Farm (www.aliikulalavender.com) and The Naked Cow Dairy (www.nakedcowdairyhawaii.com). After you've watched the sunset, head down the mountain for dinner at the Haliimaile General Store (make a rezzie in advance).

If you are an early morning person and want to view Halekala at sunrise, have breakfast at **Kula Lodge** on the way down the mountain. It's a great little spot with amazing views.



Lahaina: Spend some time in the town of Lahaina, which is along the water on Front Street. Walk around, grab cocktails, dinner and shop!

**Big Beach in Wailea**: If you want to spend your day at a beautiful beach, this is it! If you're into nude sun bathing, ask someone to point you in the direction of Little Beach.

Best of all, get your beach towels, chairs and toys delivered to you at the beach with 1-800-snorkel. www.1-800-snorkel.com

Whale Watching: Humpback whales migrate from Alaska to their warm-water breeding grounds in Hawaii every year. Whale watching season typically runs from November to May. If you want to get up close and personal with these beautiful whales, book a whale watching tour with Ultimate Whale Watch. They also offer kama'aina rates and if you have a big group, you could take over the whole boat. www.ultimatewhalewatch.com/index.html.

**Drive to Hookipa and/or Hana:** The drive to Hana can take hours, so I highly recommend driving in for 30 minutes and driving out so you get a taste of what it's all about, minus the hours of windy roads (54 to be exact). Due to the windy roads, Hana should not be traveled by those with weak stomachs. There are a bunch of great stops along the way and if you'd like a guided tour, stop at one of the roadside stands off of Dairy Road on the right hand side, just before you turn onto Hana highway, and pick up a CD. The CD will take you along the drive to Hana, telling you when and where to stop. Here are my personal favorites:

1) Paia Town is a super cute little town just East of Kahului Airport filled with boutiques and restaurants. I HIGHLY recommend having lunch at Mama's Fish House. It's hands down, my favorite restaurant!

2) Hookipa Beach Park is home to the best kite surfing and windsurfing around. Be sure to pull over and take pictures and watch the world-class kite surfers & windsurfers.



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Kauai is one of my favorite islands and is known as the honeymoon isle. It's very lush and green and a place of incredible relaxation and peace. My favorite town is Hanalei as it reminds me of the town I grew up in on Oahu. My other favorite treasure on Kauai is the Na Pali Coast. Words can't describe the beauty of this trail until it's been experienced first hand.

#### Where to Eat

**Hokuala** is a new recent favorite. Kauai's newest oceanfront resort. Great restaurant overlooking the ocean with breathtaking views. You can eat outdoors, play some outdoor games and enjoy fantastic cocktails with friends. Only 5 minutes from the airport. Free valet parking.

3351 Ho'Olaulea Way, Lihue, (808) 320-7400 www.hokualakauai.com

Hanalei Dolphin for Sushi: Has a great outdoor area too! www.hanaleidolphin.com

**Barracuda:** Very trendy spot and one of my personal favorites. www.restaurantbaracuda.com

**Postcards Cafe:** This is a cute little restaurant with delicious food (great fish and seafood) in an old home that's been fixed up and is very cute, quaint and cheerful. www.postcardscafe.com

**The Beach House:** Great for sunset cocktails and dinner! www.the-beach-house.com

**Puka Dog:** Great for lunch - it was featured on the travel channel and it is adorable and delish (it has since expanded to Waikiki and is now a tourist trap, but the Kauai location was the first one). www.pukadog.com

**Gaylord's** (by the airport): An old plantation home turned restaurant, with phenomenal food. www.gaylordskauai.com

Kauai Grill in the St Regis: Jean Jorges restaurant, great if you want a high-end meal. www.kauaigrill.com

**Palate Wine Bar**: Wine bar and market located in Kilauea on the north shore of Kauai. 2474 Keneke St a, Kilauea, (808) 212-1974 www.palatewinebar.net

**Tahiti Nui:** The real deal Hawaiian Tiki Bar. It's great for after dinner drinks and live music. It's also where George Clooney was filmed in the movie The Descendants. www.thenui.com

#### WHERE TO STAY

I love staying in the **Hanalei** area as it's sleepy and cute, has great restaurants, beaches, hiking (the Na Pali coast is there), etc. It's a mix of tourist and locals. It's remote and quiet and super lush and beautiful.

**In/Near Hanalei:** St Regis, Princeville or stay in a BnB in Hanalei Town, near the water.

Poipu: The Grand Hyatt is on the other side of the island and

the resort is beautiful! If you like lounging on the beach, and hanging out poolside with cocktail in hand, this is the place for you!



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# Where to Go on Kauai!

Waimea Canyon: Known as the Grand Canyon of the Pacific. It is quite breathtaking.

Snorkeling at Ke'e Beach: Check out the sea caves along the way to Ke'e.

Kapa'a Town: A cute little gem of a town filled with cute shops and restaurants.

Catamaran/snorkeling cruise around the Na Pali coast: Highly recommended! This is really the only way to see the coast, from the water, and it has amazing views. Captain Andy's is supposed to have the best tour!

Secret Falls: Great for kayaking and hiking.

Kipu Falls: This is a short 5-min hike that leads you to an awesome little waterfall with rope swing.

Hanapepe: Known to be "The Biggest Little Town." Be sure to visit the suspension bridge.

Waipoo Falls is a 800-foot cascading waterfall that can be seen from various lookouts along the canyon road. It's a quick easy hike to the falls.

Kipu Falls is a tiny but very popular waterfall with rope swing – super fun but be careful as it's known to be very slippery - and bring bug spray.

Queen's Bath is one of my favorite spots to get some sun and swim in the Princeville area. It's a quick but rocky trail down to the beach (can be muddy and slippery). This is for advanced and adventurous swimmers only as it can be pretty dangerous with the tides.

**Uluwehi Falls** also known as Secret Falls is located in Wailua River Basin. Rent kayaks or SUPs and enjoy a paddle along the river (about 30-45 minutes each way). Several kayak places nearby.

Wailua River: Kayak, hike and swim under a waterfall. Kayak or SUP down the river and take an easy hike to a waterfall.



Maha'ulepu Heritage Trail: Nice, long, coastal hike/walk along the ocean, beach and various terrain just five minutes after the Grand Hyatt Kauai.



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# Where to Go on Kauai!

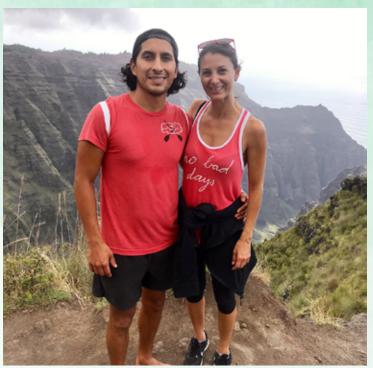
**Hanalei** is a super cute town a few minutes before the Na Pali Coast. It's my favorite place to eat at great restaurants and just to stroll around. You can also hang out at the beach, surf, sail, kayak and check out the beautiful Hanalei pier – and get a photo with it and underneath it.

**Na Pali Coast:** This is one of the main attractions on Kauai and my personal favorite! The Na Pali Coast is 11 miles in AND 11 miles out so if you're big into backpacking and camping, you will love this spot. If you're a real adventurer, pack your tent and some food and get ready for all terrain fun!

If you're not up for the big 22-mile adventure, pack lunch and head to the Na Pali Coast for a day trip. It's only 3 miles to the first camping area and it has a beautiful beach there. You can also hike up the river three miles to a beautiful waterfall. Bring sunscreen, bug repellent, a poncho in case it rains (known to have the wettest spot on earth) sandwich and drinks, camera, and hiking shoes that you don't mind getting muddy.

**Koke'e:** This is a beautiful place up in the mountains and a good hour drive from Hanalei. I remember staying in a cottage there as a kid and it really feels like you're going on a winter getaway. There are many incredible hiking trails that are not to be missed. It's cool and beautiful up there with lots of great views!

**Favorite Beaches:** Salt Pond, Poipu Beach Park, Lydgate State Park, Kealia Beach (great surfing/boogie boarding spot), Hanalei Bay (this is my personal favorite) .... Be sure to visit the pier and take a picture underneath it. There's also a fun surf break here and you can stand up paddleboard or kayak in the canal, which is a lot of fun and a great workout!



Koke'e



### Try a Mai Tai!

Mai tai's are a popular drink in Hawaii. For those of you who want to reminisce about your time in Hawaii, here's an authentic traditional Mai Tai recipe from the "Mai Tai" Bar at the Royal Hawaiian Hotel in Waikiki. The original Mai Tai was created by Victor J. Bergeron in 1944 and brought to Hawaii in 1953 at the Royal Hawaiian, Moana and Surfrider Hotels.

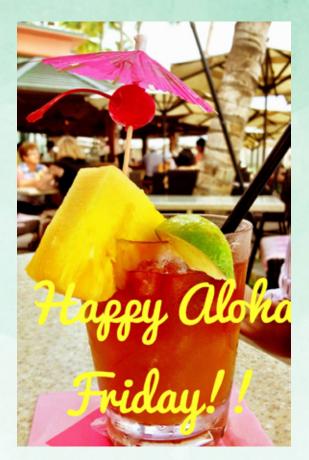
Prep Time: 1 minute Total Time: 1 minute

#### **Ingredients**:

1 oz. Dark Rum
1 oz Light Rum
1 oz Orange Curacao
2 oz Orange Juice
1/2 oz Lime Juice
Dash Orgeat
Dash Simple syrup (bar syrup)

#### **Preparation**:

Combine all of the ingredients in the order listed in a Old Fashioned style glass over shaved ice. Stir with a swizzle stick. Garnish with a slice of pineapple and a cherry.





# Happy & Safe 2021 Travels!



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